

*77 affirmations that
will become your beliefs*

You're about to shift your beliefs in a powerful way that
can't NOT work when you work it

It don't matter that you don't believe them right now. You
keep going until you do

Speak them with love and gratitude over and over again

Record them and listen to them on repeat

Put them where you can see them



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Do them in the mirror for at least 5 minutes looking deep
into your eyes

Keep this document on your mobile device so you can look
at it during your day

When you feel your crappy thoughts come up use these
IMMEDIATELY!!! Don't buy into your bullshit thoughts. Even
when you want to. Do this even when ESPECIALLY WHEN
do this when it feels uncomfortable. It means you're
transforming

Focus on the ones that cause you the most discomfort.
You'll feel it. You have limiting beliefs there and they need to
shift because they are sabotaging your greatness

Rewire your mind, body and energy with your new way of
being

This is not about anything outside of you

It's about your inner world

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When you shift your inner world, your outer world shifts

The universe already knows what you want

You don't need to keep telling it

Clinging on so tight in fear in case you can't have it

If anything it wants BIGGER for you than you're dreaming of

Focus on the inside

On your energy and the stories you tell yourself

Your subconscious mind doesn't know what's real and what isn't so keep programming these in. To make it even more powerful, do it with feeling. Connect to your heart as you say these words

Create your own too that align with you and your vision,
your purpose, your message

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- I love myself
- I love being me
- I am divine consciousness
- I lead with my heart
- My heart is wide open
- I am open to receiving all that is meant for me
- I give with my heart
- I serve with love
- My heart knows the way
- I live with love
- I always return to love
- I share my gifts with love
- I share my gifts with confidence
- I am living my purpose
- I am living on purpose
- My intention is always love
- I have the power to change my life
- I live from my highest self
- My wisdom is infinite
- I expect miracles

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- I am entitled to miracles
- I vibrate on the frequency of love
- Love is what I am
- I love my body
- I love my heart
- I love my soul
- I love my mind
- I am here to live a luxurious life
- I am here to live in abundance
- My work is worth paying for
- My life is amazing
- I am happy no matter what
- I am grateful every day
- I am driven
- I have self-integrity
- I am responsible for my life
- I am committed
- I am disciplined
- I am a queen
- I am at peace

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- I am at peace with myself
- I am compassionate
- I am powerful
- My confidence in me grows every day
- I am the best and highest version of myself
- I live from possibility
- I pull positive things into my life
- Great things happen to me
- Things just work for me
- Everything is possible 100% of the time
- I am limitless
- I am bold
- I am courageous
- I matter
- I am seen
- I am heard
- I am loved
- I value myself
- I am a powerful creator
- Everything is possible for me

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- I shift into my queen energy quickly and easily
- I am changing lives and the world in a big way
- I am worthy of everything I want
- I am worthy of everything I'm here to be
- I am worthy of everything I'm here to do
- I am beautiful
- I feel safe right now
- I am a creative being
- I always make the right choice
- It is safe for me to be a powerful woman
- I am aligned with my higher purpose
- I choose to be happy
- I live and speak my truth
- I observe my thoughts with ease
- I am proud of myself
- I love how powerful I am
- I am a divine being having a human experience

Repetition is the mother of all learning

This works when you work it